

Goal of the Topics in Abhidhamma Site

Abhidhamma provides the very essence of Buddha's teaching in a very succinct manner. A sound understanding of this essence of Dhamma is crucial for developing the mind to travel on the Eightfold Path towards path attainments and Nibbana.

The Goal of this website is:

- To provide the knowledge of Abhidhamma in a format that is easier for a reader to learn and review using a series of slide presentations with enhanced tables and diagrams.
- To provide new insights in several key areas in Abhidhamma
- Bring knowledge contained in many excellent books published on Abhidhamma in a single source

These slides enable review of this material with relative ease compared to studying many excellent books published on Abhidhamma.

These slides reader may find expanded explanations and new insights in the following areas

- Mental factors, their function and roles
- Conditional relations applicable to arising and maintenance of mental and material phenomena

These slides are developed primarily based on the material in the "A Comprehensive Manual of Abhidhamma (CMA)" published by the Buddhist Publication Society, Sri Lanka. The General Editor of this excellent comprehensive book is Venerable Bhikkhu Bodhi. This book in turn is based on "The Abhidhamma Sangha" attributed to Achariya Anuruddha, a brilliant monk who lived in the fifth century.

The material in these slides are further enhanced by several other respected books published on Abhidhamma which are included in the Bibliography. Also, some of the tables from CMA has been enhanced and additional tables and diagrams were added to these slides to improve the clarity of key concepts in Abhidhamma.